



## “Prescribing Controlled Substances”

*Jointly sponsored by*

*The University of Texas Southwestern Medical Center and Santé Center for Healing*

This course is designed for healthcare professionals who have experienced difficulties with their prescribing of controlled medications or who wish to increase their knowledge of medical and legal issues associated with prescribing medications. Participants will also enhance their skills in pharmacology, documentation, appropriate assessment and follow-up of pain patients.

The goal of the course is to provide state-of-the-art information on proper and ethical prescribing practices of controlled medications, to help healthcare professionals identify high-risk patients, and to understand how their personalities and past experiences contribute to their risk in making prescribing errors. Prescribing physicians will leave the course with detailed and practical information on how to safely and effectively prescribe controlled substances, follow state and Federal guidelines, follow up patients and get them off opioids if that treatment is no longer indicated.

At the completion of the course participants will be able to:

- Explore several psychological barriers to appropriate prescribing including impact of family of origin and interpersonal neurobiology factors.
- Better understand the principles of pain management including acute versus chronic pain, assessment of pain, non-pharmacologic modalities, and psychological issues common in chronic pain patients.
- Improve knowledge of the range of medications used in treating pain, including the pharmacology of available non-opioid and opioid medications and exit strategies for stopping opioid treatment if necessary.
- Review the guidelines for ethical treatment of chronic pain patients with controlled substances and gain an understanding of DEA rules and state and FSMB guidelines for controlled substance prescribing.
- Discuss the codes of ethics/standards of care and legal boundaries that may be violated in prescribing, as well as practice misuse, including misuse of the power differential over patient or others (sex, business deals, as part of diversion scheme).
- Better understand the difference between physical dependence and addiction, differential tolerance to the various effects of opioid analgesics, risk assessment and risk assessment tools, treatment of chronic pain patients who have a history of addiction, and management of patients who have concurrent addiction or abuse issues or other psychiatric disorders.
- Discuss risks involved when the healthcare provider, family member, staff or coworker is addicted or has other health issues, and the value of adequate supervision, appropriate disclosure, and monitoring source/accountability partner.
- Identify red flags presented by patients who have exceptional manipulation skills when attempting to obtain controlled substances.
- Demonstrate knowledge of prescribing practices via a variety of case studies and role plays

A total of 21 CME, AMA-PRA Category 1 credits (including 3 ethical credits) are available for the *Prescribing Controlled Substances* course at a cost of \$2,300. A \$1,150 deposit is required to reserve a space. The balance is to be paid at least a week prior to the first day of the course. A cancellation fee will apply.

Course dates for 2012 include:

- January 11-13
- April 11-13
- July 18-20
- October 10-12

For additional details about this course or for information about Santé Center for Healing, contact Course Administrator, Donella Burton: 800.258.4250 / 940.464.7222 ext 271 or via email, [donella@santecenter.com](mailto:donella@santecenter.com).

Sincerely,

H. Alan LaGrone, MD, PhD  
Santé Center for Healing Medical Director  
Prescribing Course Director

Donella Burton  
Santé Center for Healing Marketing Coordinator  
Prescribing Course Administrator